

BMW Series STRENGTH

Ratcheting Range-of-motion Adjustments

The intuitive design makes it easy for users to get the workout they want.

Foot Pegs and Contoured Knee Pads

Users appreciate the stability and support provided by these features.

Reclined Position

Greater lumbar support and comfort are the results of the design.



RAME AND CABLES		
Frame Finish	Proprietary two-coat powder process	
Cable Transmission	Internally lubricated cables and fittings	
Machine Anchoring	Independent machine hold-down bracket	

EIGHT STACK		
Weight-stack Guarding	Full front and rear shields	
Total Stack Weight	80 kg / 176 lbs.	
Weight-plate Increments	4.5 kg / 10 lbs.	

Muscle call-outs, machine-specific stretching, star
and finish exercise illustrations, proper machine adjustment and adjustment point call-outs
Color-coded machine identification
Yes
Dual-size bottle holder, tactile storage mat and towel holder
Yes
Electronic counter displays reps, exercise time and

ADJUSTMENTS		
Color-coded Pivots and Points of Adjustment	Yes	
Machine-assisted User Adjustment	Spring-assisted back pad	

Product Dimensions (L x W x H)	76 x 165 x 150 cm
Weight	270 kg / 594 lbs.
Jsage Tracking	Monitors total repetitions and hours of use
Rep Counter Power Supply	2 AA batteries
Rep Counter Battery Life	Approximately 3 years

Incremental Weights

Incremental weights are easily accessible from the seated position. Numeric selection allows users easy reference for future use.

Electronic Rep Counter

Integrated system tracks repetitions, activity time and rest time for a simplified workout experience.

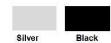
Exercise Placards

Conveniently located and easy-to-read exercise placards offer a quick reference to targeted muscle groups and proper machine use. Placards offer color references to easily identify muscle-group categories.

Action Specific Grips

Ergonomically designed, function-specific handles reduce stress or contact points to enhance user comfort.

Frame Color



Cushion Color

